

# TRANSFORM GROUPS

Group availability varies by season  
for more information email [transformgroups@transformchurch.com](mailto:transformgroups@transformchurch.com)

## Transform Women

Transform Women is a program designed to help women grow in the four major areas of life (spiritual, physical, relational, and financial). Women come together to grow in community and encourage one another on the journey to becoming a Resilient Woman. Transform Women offers different curriculums intended to inspire an increase of Godly wisdom and closeness with Jesus!

## Celebrate Recovery

The vision of Celebrate Recovery is to encourage Fellowship, provide Hope and to Celebrate God's healing power in our lives as we work our way along the road to recovery. CR is a biblical and balanced program to help people overcome their hurts, hang-ups and habits! We are changed as we share our experiences, strengths, and hopes with one another. In addition, we become willing to accept God's grace and forgiveness in solving our life's problems.

## Engaged Couples & Newlyweds

Transform Engaged Couples & Newlyweds offers a safe and interactive environment for couples to explore topics that promote both personal and relational growth. Our goal is to provide practical sessions that address crucial subjects, including dispelling marriage myths, understanding love styles, fostering happiness, enhancing communication, bridging gender gaps, and resolving conflicts.

## Grief Share

A GriefShare support group is a safe, welcoming place where people understand the difficult emotions of grief. Through this 11-week group, you'll discover what to expect in the days ahead and what's normal in grief. Since there are no neat, orderly stages of grief, you'll learn helpful ways of coping with grief, in all its unpredictability and gain solid support each step of the way.

## Homeschool

We are a group of Jesus following homeschool moms striving to build meaningful relationships, share experiences and educational insights while building up each other's faith.

## Mommy & Me

The Mommy & Me group is for moms and their kids to connect with one another. Motherhood can feel a bit lonely, especially those early years, so we want to get together and create a village for each other. We are there for the big moments and the little moments. We come alongside each other when a new mom needs to be cared for putting together a meal train for her and her family for those first couple of weeks.

## Divorce Care

Welcome to Transform DivorceCare at Church Alive, a community where you will find Hope, Help, and Healing, while receiving the support of peers and leaders who understand what you're going through. Transform DivorceCare is a safe and confidential space for men and women.

## Single Parents

This is a place where Christian single parents can grow in faith, share life's joys & challenges, & experience the incredible things God has in store for us, together. Our mission is rooted in Church Alive's vision to empower people to become all God has destined them to be. Each week, we'll learn, laugh, worship, & lift one another up as we navigate this unique season of life.

## Transform Men

Transform Men is about winning in the four big areas of life! Relational, Spiritual, Physical, and Financial! It is an 11-week program where men get challenged to grow, compete to have fun and be encouraged to win in life! Included in this program is our Men's Celebration Night to recognize all the wins and transformations.

## Freedom

Transform Freedom exists to empower you to experience the fullness of what God has for you. We explore the nature of God, our relationship with God and other people, and how we can be restored in every area. We believe that as you lean into this teaching that you will experience inner healing, restored relationships, and true freedom!

## Waiting in Hope

Waiting in Hope aims to encourage, support and embrace married couples struggling through the grief of difficulty conceiving and loss. If you are a woman dealing with infertility, miscarriage, adoption or prolonged "waiting", then Waiting in Hope desires to help you find hope in your waiting.

## Women of Wisdom WOW

At Transform Women of Wisdom, women aged 45 and above gather to embrace this new chapter in life, deepen our faith, form new friendships, and nurture existing ones while sharing our experiences and challenges. Each season, we engage in a Bible study that enhances our spiritual journey and introduces us to new ways of living a Godly life. We also connect through various outdoor activities and events.

## Working Moms

Find Encouragement. Grow in Faith. Build Lasting Connections. As working moms, we juggle endless to-do lists, responsibilities, and commitments, but in the midst of it all, we know that time in God's Word brings true transformation. Transform Working Moms is a relational Bible study group designed specifically for working mothers who long to grow spiritually while building meaningful connections with others on the same journey.

## Marriage

Transform Marriage offers a safe and fun space for married couples to discuss topics that encourage personal and relational growth. Our aim is to improve communication, trust, and intimacy between spouses. This group is exclusively for married couples.

## Womens Fitness

Our vision is to create an encouraging and challenging environment for women to achieve physical and mental goals, building confidence and self-esteem rooted in God's word. Focus: healthy body, mind, and soul.

## Transform Morning-Women's Devotional

Empowering women to start their mornings with Christ through daily conversations, encouragement and prayer. Our goal is to start our mornings with Godly conversations by seeking his guidance and strength before the day unfolds, through our morning devotional readings and prayer. Asking for God's wisdom, protection and peace to carry us throughout any challenges we might face.

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## Women's Prayer

Transform Women's Prayer is a place to grow in the spiritual quadrant in faith alongside a community of women. We will seek God, hear His voice and equip powerful prayer warriors to serve and love Christ! It is our hope to have women build a prayer life that is bold and will open the flood gates of Heaven. Believing and expecting for fresh anointing, Spirit led prayers and answers!

## Love Life

Transform Love Life is for unmarried women who desire a Godly marriage. This group will guide us to trust God with our love story, learn how to embrace dating & marriage in a way that honors God while wisely stewarding the gift of this season of singleness. Aligning with our church's mission to build strong men, we aim to build an encouraging community of strong women who pray together for our future Godly husbands.

## Jiu Jitsu

To grow in faith, discipline, and community through the practice of Jiu-Jitsu, drawing biblical principles from training experiences.

## Finance

We help equip people with financial education and resources, using Dave Ramsey's Financial Peace University (FPU) program, to help them get unstuck in life.

## Business

Transform Business is about helping people to win in the marketplace with Biblical principles and practical insights. Whether you own a business, moving into another career, just got out of college, or just want to learn more, this is the group for you. Transform Business meets quarterly.

## Transform 30's

Transform 30s is a safe space where no one stands alone. It is a community where genuine friendships are formed from all walks of life, but on the same path to grow closer to Jesus and build His kingdom.

## Volleyball

Transform Volley ball is place for you to grow no matter the skill level. We welcome you to join us as we build our faith and have fun.

## Softball

Our coed softball group is a place to experience fun and friendly competition. Come play ball and connect with others in a Christ-centered environment.

## Basketball

Join us for Transform Basketball. We build brotherhood and our faith while playing basketball.

## Soccer

This is a group where we not only play soccer, but we challenge each other to build our faith, have fun, and build brotherhood.

## Running

At Transform Running, we aim to create an environment where we run the race of the Christian life together, both physically and spiritually. It is a community where we get to challenge each other to grow in all areas of life. Most importantly, this is an opportunity for us to live out our Christian walk with each other outside of the 4 walls of our church building!

## Beauty Industry

Transform Beauty is a specialized group for faith filled professionals in the beauty industry working to make all things beautiful. Our community thrives on the spirit of collaboration, learning, and spiritual growth, aiming to enrich both our professional journeys and faith. Our vision is to create a space to learn and grow together, both in professional excellence and in our faith. By sharing experiences, wins, skills and wisdom, our dream is to continue growing showing Christ through our skills while continuing to grow in excellence.